



AOPKA

Health and Rehabilitation Center

FRIENDS.  
COMMUNITY.  
POSSIBILITY.

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LOVE WITHOUT LIMITS

# WELCOME TO APOPKA HEALTH AND REHABILITATION CENTER!

Apopka Health and Rehabilitation Center is dedicated to providing the highest quality of care. We offer service without boundaries or compromise, providing personalized and holistic care plans that help meet the emotional, spiritual, physical and mental needs of our customers.

Our center has an atmosphere conducive to wellness and comfort, including interior courtyards with multiple relaxing locations, spa amenities, numerous dining venues with delicious, chef-prepared meal options, and spacious, welcoming recreational areas, diverse activities and a state of the art movie theater.

We are committed to quality care every step of the way. We adhere to the AbleHearts mission by embracing everyone as family and following the AbleHearts Safety First, **FAMILY** Always standards.

- Find solutions, together.
- Act with compassion.
- Make every moment count.
- Improve constantly.
- Laugh often.
- You matter.

## Complex Care

Our customers are our top priority and we're focused on providing the skilled care, compassion, and attention they deserve. We strive to provide the gold standard of service and care with personalized services including:

- RN/LPN coverage 24 hours a day, 365 days a year
- Cardiac and stroke rehab monitoring program
- Innovative wound care program
- IV therapy, TPN and tracheotomy care
- Customized pressure support systems
- Customer and family education

## Services and Amenities

We believe in providing an experience that exceeds expectations as a part of our intimate, personalized and private community. We strive to go beyond traditional care and offer an array of activities and social events seven days a week to enhance your stay with us, including free WiFi.

## Therapy Programs

We offer comprehensive therapy services delivered by a team of experienced, certified and passionate therapists. Our tailored services include:

- Physical therapy
- Occupational therapy
- Speech therapy
- Rehabilitation services available seven days a week as needed
- Lymphedema therapy
- Orthopedic rehab program
- Outpatient rehabilitation

## Culinary Services

Our community features an on-staff chef, registered dietitian services, personalized meal planning, and kosher meals available upon request. Our flavorful and sophisticated entrees are designed to meet dietary and nutritional needs, and are served in our elegant dining rooms.

## Admissions

We understand the importance of getting the right care at the right time, and accept admissions 365 days a year. Should we receive a referral, our goal is to promptly address any questions and review each case. Please contact us today for more information.





ABLE HEARTS

## Apopka Health and Rehabilitation Center

2001 Alston Bay Blvd. • Apopka, FL 32703

Phone: 407-565-5990

### Preferred Providers:

- Medicare
- Medicaid
- Hospice
- Managed Care Plans
- Private Funds



For more information, visit:

[www.ablehearts.org/Apopka](http://www.ablehearts.org/Apopka)

# WHAT TO BRING



Residents are encouraged to be dressed in normal attire and to participate in planned activities when able to do so. Upon admission we recommend the following items be brought in to the facility for the resident:

## IMPORTANT DOCUMENTS

- Social Security Card
- Medicare Card
- Insurance Cards
- Power of Attorney Forms
- Living Will
- Medicaid Card or Number
- State Driver's License or Photo ID Card
- Other Advanced Directives Documents

## CLOTHING AND PERSONAL ITEMS

- Nightclothes and Robe
- Outerwear (washable)
- Razor
- Sweater
- Underwear, Socks or Hosiery (5 or more)
- Non-Slip Footwear
- Comfortable clothing for 5 to 7 days
- Reading materials
- Hearing aids, eyeglasses, and eyeglass care
- Dentures & dental supplies
- Personal effects (Makeup, hair accessories, lotions, etc.)
- Small personal belongings that will help you feel at home (pictures, cards, etc.)

Standard toiletries are provided to residents; you are welcome to bring your favorite brands from home. While the temperature in the facility is closely monitored, we do recommend bringing a jacket or sweater for those who tend to get cold. NOTE: Laundry services are provided FREE OF CHARGE. Please ask your facility representative for additional details.

## ITEMS TO LEAVE AT HOME

Rugs or mats, extension cords, glass or breakable items, electric blankets or heating pads

(See reverse side for more information.)

# WHAT TO BRING

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All apparel and personal care items should be marked with the resident's name. An indelible marker is available for your use at each nurse's station and the social service's office. To ensure the safety of our residents, certain items cannot be kept at the bedside. Please check in the following items brought in for a resident at the nurse's station:

- **Medications, including over-the-counter drugs**
- **Tobacco products**
- **Medicated ointments**
- **All aerosol spray cans, including deodorant and hair spray**
- **Any product labeled "Harmful if swallowed" or "Keep out of reach of children," including nail polish remover**
- **Valuables including credit cards, jewelry, checkbooks, and cash – we cannot be responsible for unsecured items**

All electrically operated equipment, such as televisions, radios, clocks and razors must pass a safety check prior to use in our facility. Please leave electrical items, with resident's name written clearly on each piece of equipment, with our nursing staff. They will contact the appropriate person to give the safety check.

All food items brought into the facility should conform to the resident's physician-ordered diet and must be stored in an air-tight container marked with the date the item was brought in and the name of the resident. Please notify the nurse's station when bringing food into the facility.

All medical equipment, including wheelchairs, walkers, canes, and geri-chairs brought in for resident's use must be checked-in by a nurse so that it can be properly tagged and inspected for safety.

Residents welcome greeting cards, plants, and flowers. When flowers are faded or plants have died, however, we will discard these items. Please mark the resident's name on the bottom of the vase if you want it to be kept for pick-up.

Due to fire safety regulations, resident rooms must be kept free of clutter and potential accident-causing hazards. For these reasons, we must ensure that personal items are stored properly and securely.

If an item is lost or misplaced, please check with the administrator or the social services department for assistance in locating your item.

# DOCUMENTS REQUIRED FOR A MEDICAID APPLICATION



## FLORIDA

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- Birth certificate or Passport
- Driver's License or Photo Identification
- Social Security and Medicare Card or HMO Card, Marriage License
- Marital Status (married, single or divorce) – if separated, provide proof of legal separation
- Proof of Alien status
- Motor vehicle – title or registration (car, motorcycle, truck, boat etc.) along with proof of any balance owed
- Home or property owner (residence, vacant lots, time share) provide property tax notice or deed
- Copy of pre-paid funeral agreement (burial or cremation) needs to be Irrevocable. Cemetery lots provide copy of deed or certificate
- Mortgage payment (reverse mortgage), homeowners insurance, monthly utility bills, lot rent (of community spouse), Medical Premium (of person residing in nursing home).
- Bank accounts (checking, savings, CD, money market, credit union, etc. LAST 3 MONTHS complete bank statements
- Savings bonds, stocks or bonds, mutual funds, annuities, IRAs, 401K's or retirement funds
- Life insurance policies Group, Term, or Whole Life provide a copy of the policy (Whole life provide current face and cash value)
- Verify gross monthly income from Social Security or SSI along with any garnishments
- Verify gross monthly income from Pension (private company, civil service, annuity or VA)
- Verify any transfer of asset within the last five (5) years/ or any Garnishments
- If you have a current Power of Attorney or, Guardianship or any open trust provides a copy of the paperwork

\* This list may not be all inclusive. Medicaid may request additional information.

\*\* If married, information needs to be provided on both husband and wife.